

ROARING FITNESS venture



Driven by passion for fitness

GROUP X CLASSES

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7-8 AM	 FUNCTIONAL AEROBICS	 POWER YOGA	 FUNCTIONAL AEROBICS	 POWER YOGA	 FUNCTIONAL AEROBICS	 POWER YOGA
8-9 AM		 KICKBOXING		 KICKBOXING		 KICKBOXING
10-11 AM						 FUNCTIONAL AEROBICS
6-7 PM	 POWER YOGA		 POWER YOGA		 POWER YOGA	
7-8 PM	 ZUMBA	 FUNCTIONAL AEROBICS	 ZUMBA	 FUNCTIONAL AEROBICS	 ZUMBA	
8-9 PM	 KICKBOXING		 KICKBOXING			